

IRISH INDOOR CHAMPIONSHIPS

Compiled by Pierce O'Callaghan. Corrections / Amendments to pierce.ocallaghan@european-athletics.org

Venues: 1988-2002 Nenagh, 2003-04 Belfast, 2005 Nenagh, 2006 Belfast

MEN

	60 Metres		200 Metres		400 Metres	
1988	Aidan McGrath	7.25	-	-	-	-
1989	Pat Flanagan	7.15	-	-	-	-
1990	Darren Haddock	6.9	-	-	-	-
1991	T.J. Kearns	6.98	Liam Brennan	22.81	Brendan Murphy	48.90
1992	Neil Ryan	7.07	Peter Sinclair	22.57	Frankie Higgins	50.29
1993	Jeff Pamplin	7.03	Jeff Pamplin	22.50	Stephen Newman	49.44
1994	Jeff Pamplin	7.07	Gary Ryan	22.26	Stephen Newman	49.17
1995	Sean McAteer	7.00	Peter Lyons	22.12	Brian Crossman	48.78
1996	John McAdorey	6.94	Gary Ryan	22.00	Tom McGuirk	48.90
1997	Tom Comyns	7.04	Gary Ryan	21.65	Brian Liddy	49.30
1998	Neil Ryan	6.96	Gary Ryan	21.54	Stephen Fleming	49.46
1999	Donal McCarthy	6.88	Kevin Cogley	22.03	James McIlroy	49.72
2000	Donal McCarthy	6.84	Tom Comyns	21.70	Paul Opperman	48.93
2001	John McAdorey	6.94	Paul Opperman	22.07	Robert Daly	48.80
2002	Jer O'Donoghue	6.93	Gary Ryan	21.88	David McCarthy	47.70
2003	Mark Howard	6.82	Gary Ryan	21.21	David McCarthy	47.08
2004	Paul Brizzel	6.75	Paul Hession	21.6	David McCarthy	47.70
2005	Jer O'Donoghue	6.76	Gary Ryan	21.89	David McCarthy	48.39
2006	Paul Brizzel	6.83	David Gillick	21.45	David McCarthy	47.43

800 Metres			1500 Metres			3000 Metres		
1988	Peter Sinclair	1:25.27*	Ray Shanahan	4:02.58	-	-	-	-
1989	Roddy Gaynor	1:24.26*	Ray Shanahan	4:00.67	-	-	-	-
1990	Brendan Murphy	1:23.9*	Danny O'Brien	4:05.8	-	-	-	-
1991	Henry Downes	1:53.72	Pat Maloney	4:00.02	Nick O'Brien	8:11.24		
1992	Declan Kennedy	1:53.00	Declan Kennedy	4:02.67	Garrett Barry	8:23.55		
1993	David Matthews	1:55.20	Garrett Barry	3:54.01	Nigel Brunton	8:24.44		
1994	David Matthews	1:52.10	Nigel Brunton	3:56.50	Nigel Brunton	8:29.66		
1995	David Matthews	1:52.30	Nigel Brunton	3:58.07	Seamus Power	8:10.60		
1996	James Nolan	1:50.38	Nigel Brunton	4:01.22	Pat O'Keeffe	8:22.88		
1997	James Nolan	1:48.18	Andrew Walker	3:52.19	Cormac Troy	8:21.95		
1998	James Nolan	1:50.20	Eugene O'Neill	4:06.70	John Daly	8:20.84		
1999	James Nolan	1:48.91	Paul Fleming	4:00.0	Alan Merriman	8:22.46		
2000	James Nolan	1:54.91	Gareth Turnbull	3:55.24	John Daly	8:28.83		
2001	David Campbell	1:54.52	Liam Reale	3:57.12	Gary Murray	8:31.59		
2002	Gareth Hill	1:56.94	David Kelly	3:58.08	Seamus Power	8:08.41		
2003	Brendan O'Shea	1:55.01	Gary Murray	3:47.95	Robert Connolly	8:09.8		
2004	Brendan O'Shea	1:50.58	Colin Costello	3:49.20	Andrew Graffin	8:04.64		
2005	Darragh Greene	1:53.70	David McCarthy II	3:56.77	Mark Hanrahan	8:40.08		
2006	Ciaran O'Connell	1:53.09	James Nolan	3:44.12	Joe McAlister	8:16.96		

- - 600 metres

60 Metres Hurdles			High Jump		Pole Vault	
1988	Martin O'Grady	8.63	Peter Minogue	2.00	Liam Hennessy	4.47
1989	Sean Cahill	8.53	Michael Power	2.02	Michael Hyland	3.73
1990	T.J. Kearns	7.8	Michael Power	2.01	John Hallissey	3.60
1991	T.J. Kearns	7.97	Peter Minogue	2.00	John Hallissey	4.00
1992	Sean Cahill	8.13	Antoine Burke	2.00	John Hallissey	4.00
1993	T.J. Kearns	8.03	Antoine Burke	2.10	John Hallissey	3.90
1994	T.J. Kearns	7.89	Antoine Burke	2.10	John Hallissey	4.40
1995	T.J. Kearns	7.95	Stephen Dowdall	2.03	John Hallissey	4.80
1996	T.J. Kearns	7.91	Raymond Swan	1.95	John Hallissey	5.01
1997	???	???	Ronan Kane	2.00	John Hallissey	4.50
1998	Ashley Henry	8.77	Mark Mandy	2.23	Dylan McDermott	4.40
1999	Brendan Burke	8.44	Antoine Burke	2.15	Peter McGloughlin	4.40
2000	Paul Conroy	8.37	Brendan Reilly	2.24	Liam Long	3.60
2001	Trevor McGlynn	8.30	Chris McDermott	1.95	David Donegan	4.30
2002	Paul Conroy	8.22	Mark Crowley ENG	2.06	David Donegan	4.10
2003	Paul Tohill	8.21	Adrian O'Dwyer	2.10	David Donegan & Ruairi O'Briain	4.65
2004	Paul Tohill	8.04	Adrian O'Dwyer	2.24	Brendan McConville	4.60
2005	Ian McDonald	8.40	Brian Flatley	1.93	Liam Houlihan	4.00
2006	Slaven Dizdarevic SVK	8.18	Caolan Flanagan	2.05	Anthony McCreery	4.60

Long Jump			Triple Jump		Shot	
1988	Joe Naughton	6.53	Jim Hayes	13.26	Pat Hartigan	15.37
1989	Michael Power	6.76	A. Lackey	13.52	Pat Hartigan	14.39
1990	Eugene Brennan	6.89	Thomas Nolan	12.90	Victor Costello	15.63
1991	Stephen Graham	6.73	Billy Oakes	14.22	Victor Costello	16.08
1992	Joe Naughton	6.66	Mark O'Dwyer	13.44	Victor Costello	16.75
1993	Gary Mander	6.80	Jim Hayes	14.32	William Tyrrell	14.73
1994	Michael Hallahan	6.91	P.J. Galvin	13.31	William Tyrrell	14.92
1995	Darragh O'Farrell	6.87	Michael McDonald	15.26	Dave Sweeney	13.69
1996	Norman Stephenson	6.57	Liam Kelly	13.60	Jason Flynn	14.84
1997	Gareth Devlin	7.01	Norman Stephenson	14.07	John Leahy	15.71
1998	Stuart Finnie	6.96	Patrick Shannon	14.63	Jason Flynn	15.94
1999	Darragh O'Farrell	7.00	Patrick Shannon	14.32	John Leahy	15.56
2000	Darragh O'Farrell	7.01	Michael McDonald	14.31	John Leahy	16.35
2001	Darragh O'Farrell	6.87	Patrick Shannon	14.90	John Leahy	16.35
2002	Michael Murray	6.87	Patrick Shannon	15.09	Iain McMullan	16.27
2003	Stephen Fleming	6.96	Patrick Shannon	14.29	Eoin Leen	16.66
2004	Darragh O'Farrell	6.84	Michael Wyss SUI	14.43	Paul Crowe	14.59
2005	Darragh O'Farrell	7.01	Alan Saulters	14.03	John Leahy	15.85
2006	Ciaran McDonagh	7.93	Leslie Leung	14.09	Kieren Kelly ENG	16.78

56 Pounds Weight (Distance)			Heptathlon		5000 Metres Walk	
1988	-	-	Michael Power	4770o	Jimmy McDonald	19:39.41
1989	-	-	Michael Power	4995o	Jimmy McDonald	19:40.19
1990	-	-	Joe Naughton	5097o	Pat Murphy	20:11.6
1991	John Menton	8.23	Joe Naughton	5139o	Jimmy McDonald	19:30.0
1992	Pat Maher	7.78	Ian Condron	4203	Bobby O'Leary	19:32.40
1993	Seamus Fitzpatrick	7.86	Joe Naughton	4735	Jimmy McDonald	20:47.44
1994	John Menton	8.00	Joe Naughton	4554	Michael Casey	21:28.61
1995	John Menton	7.83	John Hallissey	4336	Jamie Costin	21:12.70
1996	Seamus Fitzpatrick	7.78	John Hallissey	4665	Jimmy McDonald	19:49.90
1997	John Farrelly	7.30	Derek Hayes	4790	Pat Ryan	20:43.91
1998	Seamus Fitzpatrick	7.61	Darragh O'Farrell	????	Robert Heffernan	21:05.14
1999	Seamus Fitzpatrick	7.63	Stuart Kennedy	3444	Robert Heffernan	21:05.25
2000	John Menton	8.78	Colin Byrne	3322p	Robert Heffernan	19:51.69
2001	John Menton	8.74	Chris McDermott	3330p	Robert Heffernan	19:12.31
2002	<i>not held ?</i>		Paul Tohill	3493p	Robert Heffernan	18:53.09
2003	<i>not held</i>		Trevor McGlynn	3427p	Robert Heffernan	19:16.95
2004	<i>not held</i>		<i>not held</i>		Robert Heffernan	19:05.60
2005	Paul Crowe	8.19	<i>not contested ?</i>		Robert Heffernan	19:20.8
2006	<i>not held</i>		<i>not held ?</i>		Colin Griffin	20:24.02

o - octathlon, p - pentathlon

WOMEN

60 Metres			200 Metres			400 Metres		
1988	Vivianne McGoldrick	7.70	-	-	-	-	-	-
1989	Norma Farrell	7.7	-	-	-	-	-	-
1990	Norma Farrell	7.7	-	-	-	-	-	-
1991	Terri Horgan	7.73	Patricia Amond	25.21	Evanna Morrissey	60.01		
1992	Michelle Carroll	7.2	Michelle Carroll	24.63	Emma Nicholson	57.04		
1993	Michelle Carroll	7.50	Emma Nicholson	25.41	Emma Nicholson	57.24		
1994	Terri Horgan	7.81	Karen Mills	25.20	Michelle Gregg	58.97		
1995	Emer Haastrup	7.95	Terri Horgan	25.37	Emma Nicholson	54.7		
1996	Lena Barry	7.86	Marisa Smith	25.02	Fiona Norwood	58.91		
1997	Lena Barry	7.63	Ciara Sheehy	25.24	Karen Shinkins	56.11		
1998	Lena Barry	7.53	Lena Barry	24.69	Karen Shinkins	53.99		
1999	Ciara Sheehy	7.62	Ciara Sheehy	24.60	Karen Shinkins	54.26		
2000	Ciara Sheehy	7.56	Ciara Sheehy	24.58	Karen Shinkins	53.50		
2001	Ciara Sheehy	7.67	Ciara Sheehy	24.38	Karen Shinkins	53.70		
2002	Ciara Sheehy	7.56	Ciara Sheehy	24.20	Martina McCarthy	55.45		
2003	Ciara Sheehy	7.45	Ciara Sheehy	23.72	Joanne Cuddihy	57.85		
2004	Anna Boyle	7.46	Ciara Sheehy	24.11	Joanne Cuddihy	53.50		
2005	Ailis McSweeney	7.40	Ciara Sheehy	24.34	Catriona Cuddihy	56.45		
2006	Anna Boyle	7.32	Amy Foster	24.90	Joanne Cuddihy	54.13		

800 Metres		1500 Metres		3000 Metres	
1988	Susanne Cobbe	1:38.14*	Grainne Butler	4:43.22	-
1989	Kathryn Walley	1:41.6*	Siobhan Kavanagh	4:49.7	-
1990	Evanna Morrissey	1:39.5*	U. Murray	5:01.4	-
1991	Aisling Molloy	2:04.69	Bernie Kavanagh	4:52.78	Catherine Hennessy
1992	Arlene Smith	2:13.61	Bernie Kavanagh	4:44.16	Catherine Hennessy
1993	Bernie Kavanagh	2:12.76	Bernie Kavanagh	4:38.87	Catherine Hennessy
1994	Bernie Kavanagh	2:21.37	Roisin Smyth	4:41.0	Roisin Smyth
1995	Liz Gallagher	2:14.7	Annette Kealy	4:45.06	Geraldine Hendricken
1996	Freda Davoren	2:09.65	Freda Davoren	4:35.10	Louise Cavanagh
1997	Freda Davoren	2:09.95	Freda Davoren	4:27.33	Pauline Curley
1998	Freda Davoren	2:08.55	Freda Davoren	4:24.65	Louise Cavanagh
1999	Geraldine Nolan	2:11.34	Freda Davoren	4:32.43	Niamh Beirne
2000	Sinead Delahunty	2:09.93	Emmanuel McMahon	4:51.27	Niamh Beirne
2001	Freda Davoren	2:09.85	Freda Davoren	4:22.01	Louise Cavanagh
2002	Regina Murphy	2:18.34	Geraldine Hendricken	4:17.9	Geraldine Hendricken
2003	Aoife Byrne	2:06.98	Maria Lynch	4:15.50	Maria Lynch
2004	Christine Long	2:12.41	Aoife Byrne	4:21.7	Maria McCambridge
2005	Aoife Byrne	2:09.68	Sinead Peoples	4:53.19	Sheila Doyle
2006	Lyndsey Monteith	2:12.70	Orla Drumm	4:28.21	Pauline Curley

- - 600 metres

60 Metres Hurdles			High Jump		Pole Vault	
1988	Susan Smith	8.87	Michelle Costigan	1.75	-	-
1989	Susan Smith	8.71	Michelle Costigan	1.64	-	-
1990	Elaine Murphy	8.8	Sharon Foley	1.77	-	-
1991	Brid Hallissey	8.88	Terese McDonald	1.70	-	-
1992	Brid Hallissey	8.89	Laura Sharpe	1.76	-	-
1993	Jean O'Gorman	8.89	Sharon Foley	1.81	-	-
1994	Brid Hallissey	8.95	Laura Sharpe	1.85	-	-
1995	Brid Hallissey	8.78	Laura Sharpe	1.80	-	-
1996	Susan Smith	8.44	Sharon Foley	1.75	-	-
1997	Patricia Naughton	8.83	Sharon Foley	1.80	-	-
1998	Aine Cuddihy	8.87	Sharon Foley	1.75	Elaine Murphy	2.40
1999	Derval O'Rourke	8.63	Bridget Corrigan	1.73	Maria Brangan	2.40
2000	Derval O'Rourke	8.77	Orna Donoghue	1.70	Juliet Claffey	2.91
2001	Derval O'Rourke	8.78	Deirdre Ryan	1.75	Shirley Buchanan	3.05
2002	Derval O'Rourke	8.52	Deirdre Ryan	1.84	Juliet Claffey	3.10
2003	Derval O'Rourke	8.25	Sharon Gallen (Foley)	1.70	Zoe Brown	3.55
2004	Derval O'Rourke	8.35	Deirdre Ryan	1.75	Zoe Brown	4.10
2005	Derval O'Rourke	8.27	Rosemary Daniels	1.65	Edel O'Meara	2.60
2006	Derval O'Rourke	7.90	Sharon Heveran	1.76	Juliet Claffey	3.30

Long Jump			Triple Jump		Shot	
			-			
1988	Terri Horgan	5.92	-	-	Marita Walton	14.73
1989	Siobhan Hoey	5.46	-	-	Marita Walton	13.84
1990	Terri Horgan	5.96	Marie O'Meara	-	Elaine Hayes	11.02
1991	Terri Horgan	6.00	Jocelyn Hanrahan	11.01	Brid Hallissey	11.14
1992	Terri Horgan	6.00	Siobhan Hoey	11.01	Brid Hallissey	12.04
1993	Terri Horgan	5.95	Jocelyn Hanrahan	11.46	Marita Walton	13.32
1994	Janice O'Brien	5.79	Patricia Cahill	11.14	Emma Gavin	11.84
1995	Jacqui Stokes	5.86	Siobhan Hoey	10.90	Edel Meagher	11.96
1996	Jacqui Stokes	5.70	Siobhan Hoey	11.98	Emma Gavin	12.70
1997	Shauna Colhoun	5.75	Siobhan Hoey	12.38	Emma Gavin	13.31
1998	Aine Cuddihy	5.79	Siobhan Hoey	11.98	Bridie Lynch	11.85
1999	Antoinette Furlong	5.60	Mary McLoone	12.24	Emma Gavin	13.54
2000	Antoinette Furlong	5.71	Taneisha Robinson-	11.57	Eva Massey	14.03
2001	Shauna Colhoun	5.84	Scanlon	12.38	Eva Massey	13.81
2002	Antoinette Furlong	5.90	Sharon Foley	11.67	Geraldine Stewart	12.38
2003	Antoinette Furlong	5.83	Sharon Gallen (Foley)	12.24	Eva Massey	16.32
2004	Antoinette Furlong	6.01	Taneisha Robinson-	12.92	Geraldine Stewart	12.38
2005	Mary McLoone	5.69	Scanlon	11.94	Geraldine Stewart	12.25
2006	Kelly Proper	6.19	Mary McLoone	11.47	Eva Massey	15.54
			Brona Furlong			

Pentathlon			3000 Metres Walk	
1988	Brid Hallissey	3384	Marie Walsh	15:24.72
1989	Brid Hallissey	3605	Perri Williams	15:34.29
1990	Geraldine Finegan	3252	Marie Walsh	13:52.2
1991	Brid Hallissey	3673	Marie Walsh	13:51.95
1992	Brid Hallissey	3909	Marie Walsh	14:10.37
1993	Sharon Foley	3834	Perri Williams	14:02.89
1994	Sharon Foley	3805	Deirdre Gallagher	13:32.91
1995	Sharon Foley	3786	Deirdre Gallagher	12:57.21
1996	Fiona Mullen	2649	Deirdre Gallagher	12:41.41
1997	Orna Donoghue	3055	Deirdre Gallagher	12:55.10
1998	Fiona Kavanagh	3167	Gillian O'Sullivan	13:21.2
1999	Fiona Kavanagh	3319	Gillian O'Sullivan	12:58.13
2000	Orna Donoghue	3268	Gillian O'Sullivan	12:28.97
2001	Orna Donoghue	3293	Gillian O'Sullivan	12:20.62
2002	Orna Donoghue	3218	Olive Loughnane	13:06.76
2003	Orna Donoghue	3604	Gillian O'Sullivan	11:35.34
2004	<i>not held</i>		Gillian O'Sullivan	11:59.79
2005	<i>not contested ?</i>		Olive Loughnane	12:50.86
2006	<i>not held ?</i>		Ann Loughnane	13:18.71